

# Physical Education Long Term Plan

2023-2024																													
Year 1			Year 2			Year 3			Year 4 / 5			Year 5 / 6																	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2												
Fundamental	Gymnastics & Bikeability	Yoga & Sending and Receiving	Ball Skills	Cricket & Striking and Feilding	Target Games & Athletics	Fundamental Movements	Yoga & Bikeability	Target Games	Invasion games	Dance	Team Building	Ball skills, Gymnastics	Football, Dance	OAA, Basketball	Cricket, Fitness	Athletics, Hockey	Rounders, Tennis	Ball skills, Gymnastics	Football, Dance	OAA, Basketball	Cricket, Fitness	Athletics, Hockey	Rounders, Tennis	Tag Rugby, Gymnastics	Football, Fitness	Netball, Dodgeball	Cricket, Tennis	OAA, Rounders	Athletics, Dance
2024-2025																													
Year 1			Year 2			Year 3 / 4			Year 4 / 5			Year 5 / 6																	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fundamental	Gymnastics & Bikeability	Yoga & Sending and Receiving	Ball Skills	Cricket & Striking and Feilding	Target Games & Athletics	Gymnastics	Fitness/multi skills	Target Games	Invasion	Dance,	Team Building, Athletics	Ball skills, Gymnastics	Football, Dance	OAA, Basketball	Cricket, Fitness	Athletics, Hockey	Rounders, Tennis	Ball skills, Gymnastics	Football, Dance	OAA, Basketball	Cricket, Fitness	Athletics, Hockey	Rounders, Tennis	Tag Rugby, Gymnastics	Football, Fitness	Netball, Dodgeball	Cricket, Tennis	OAA, Rounders	Athletics, Dance